

Karen Preston

Olympian and National Champion



Karen has taught skating for over 30 years in both Canada and the United States, coaching skaters from the grass roots to the Olympics. She has worked alongside other leading Canadian, American, World and Olympic coaches. Her lifetime of studying the sport as a competitor and coach has led to producing educational information for USA Skating. Karen is a presenter of seminars internationally continuing to help coaches and skaters alike to reach their goals. After a long amateur career, she travelled the globe with Feld Entertainment appearing on The Elvis Stojko Tour of Champions and numerous made for Television Professional Competitions.

- Two-Time National Champion of Canada
- Olympic Team Member
- Double Master Rated Coach, NCCP Level 3
- US Olympic Coach
- Coach of World and Olympic Competitors
- National Level Technical Specialist for Canada

